



PRAIRIE MOUNTAIN NUTRITION &
CRAIGMOUNTAIN SENIOR CITIZENS
WINCHESTER

AUGUST MENU

<https://prairiemountainnutrition.org>

AUGUST 5

TACO CHEF SALAD

BEEF TACO MEET, CHOPPED TOMATOES, SALSA, SOUR CREAM, SHREDDED CHEESE,
REFRIED BEANS, CORN CHIPS, APPLESAUCE, CORN,
WW BREAD, BROWNIES

AUGUST 12

STUFFED PEPPERS

FRUIT COCKTAIL, CAULIFLOWER BROCCOLI SALAD, STEAMED CARROTS, WW
BREAD

AUGUST 19

IDAHO COUNTY FAIR,
NO MEAL

AUGUST 26

SWEET AND SOUR CHICKEN

RICE PILAF, PINEAPPLE, STEAMED BROCCOLI, COLESLAW,
WW BREAD

***ALL MEALS SERVED WITH MILK**

USDA is an equal opportunity provider and employer
FOR MORE INFORMATION CONTACT TIFFANY FORSMANN 208-962-7393

ALL MEALS SUBJECT TO CHANGE