



PRAIRIE MOUNTAIN NUTRITION &
PIONEER SENIOR CITIZENS
COTTONWOOD

AUGUST MENU

<https://prairiemountainnutrition.org>

AUGUST 4

BAKED CHICKEN

STEAMED PEAS, BAKED POTATO, CHILLED PEACHES,
SALAD BAR, WW ROLL, SHERBERT

AUGUST 11

SWEET & SOUR CHICKEN

CHILLED PINEAPPLE, BROCCOLI AND CAULIFLOWER SALAD,
RICE PILAF, STEAMED CORN, WW ROLL

AUGUST 18

IDAHO COUNTY FAIR

NO MEAL
SEE YOU NEXT WEEK

AUGUST 25

BEEF STROGANOFF W/ NOODLES

GREEN BEANS, CHILLED PEARS, FRESH WATERMELON
WW ROLL

***ALL MEALS SERVED WITH MILK**

USDA is an equal opportunity provider and employer
FOR MORE INFORMATION CONTACT TIFFANY FORSMANN 208-962-7393

ALL MEALS SUBJECT TO CHANGE