



PRAIRIE MOUNTAIN NUTRITION &
PIONEER SENIOR CITIZENS
COTTONWOOD

MENU

<https://prairiemountainnutrition.org>

MAY 5

ROAST CHICKEN
CUCUMBER SALAD, APPLESAUCE, CORN,
OATMEAL COOKIE, WW ROLL
SALAD BAR

MAY 12

CHICKEN SALAD SANDWICH
PEARS, PICKLED BEETS,
SALAD BAR WITH COTTAGE CHEESE, TOMATO WEDGE, CARROTS AND
PUDDING,
WW SANDWICH BUN

MAY 19

MAC N CHEESE W/ A GERMAN SAUSAGE
GREEN BEANS, ROASTED CARROTS,
FRUIT COCKTAIL, WW ROLL
RICE KRISPIE TREAT
SALAD BAR

MAY 26

TACO SALAD
BEEF TACO MEAT, CHEESE, SOUR CREAM, SALSA,
CORN, REFRIED BEANS, WW BREAD, CORN CHIPS

***ALL MEALS SERVED WITH MILK**

USDA is an equal opportunity provider and employer
FOR MORE INFORMATION CONTACT TIFFANY FORSMANN 208-962-7393

ALL MEALS SUBJECT TO CHANGE