PRAIRIE MOUNTAIN NUTRITION &
PIONEER SENIOR CITIZENS
WINCHESTER

MAY MENU

https://prairiemountainnutrition.org

MAY 7

ROASTED CHICKEN
BARLEY & BLACK BEAN SALAD, CARROT STICKS,
APRICOTS, WW BREAD, PUDDING

MAY 14

BEEF TACO PIE WITH TORTILLAS
CORN SALAD, COLESLAW, SOUR CREAM, CHEESE, & SALSA
FRUIT COBBLER,
WHOLE WHEAT BREAD

MAY 21

HOT CHICKEN SALAD
SPINACH APPLE SALAD, STEAMED CORN,
PEACHES
WHOLE WHEAT ROLL

MAY 28

SALISBURY STEAK
MASHED POTATOES WITH GRAVY, STEAMED BROCCOLI & CAULIFLOWER,
MIXED FRUIT
WHOLE WHEAT ROLL

*ALL MEALS SERVED WITH MILK

USDA is and equal opportunity provider and employer
FOR MORE INFORMATION CONTACT TIFFANY FORSMANN 208-962-7393

ALL MEALS SUBJECT TO CHANGE