



PRAIRIE MOUNTAIN NUTRITION &
PIONEER SENIOR CITIZENS
COTTONWOOD

MAY MENU

<https://prairiemountainnutrition.org>

MAY 6

BEEF STROGANOFF, GREEN BEANS, CARROT STICKS

PEACHES, WHOLE WHEAT BREAD,
BLUEBERRY COFFEE CAKE

MAY 13

BAKED CHICKEN

MARINATED CARROT SALAD, COLESLAW,
MIXED FRUIT COBBLER, WW ROLL

MAY 20

CHICKEN & RICE CASSEROLE

SPINACH N APPLE SALAD, GREEN BEANS, CHILLED PEACHES
WW BREAD, PUDDING CUP

MAY 27

PIGS IN BLANKETS

FRESH TOMATO CUCUMBER SALAD, APPLESAUCE,
PORK N BEANS, WW ROLL, PEANUT BUTTER COOKIE

***ALL MEALS SERVED WITH MILK**

USDA is and equal opportunity provider and employer
FOR MORE INFORMATION CONTACT TIFFANY FORSMANN 208-962-7393

ALL MEALS SUBJECT TO CHANGE