



PRAIRIE MOUNTAIN NUTRITION &
PIONEER SENIOR CITIZENS
COTTONWOOD

APRIL MENU

<https://prairiemountainnutrition.org>

APRIL 1

GOULASH

CUCUMBER SALAD, STEAMED CARROTS, PEACHES,
WW BREAD, BROWNIES

APRIL 8

PORK CHOPS AND DRESSING

CALIFORNIA BLEND VEGGIES, ROASTED POTATOES,
APPLESAUCE, WW ROLL

APRIL 15

HAPPY EASTER!!!

BAKED HAM WITH SQUASH

GREEN SALAD, CORN & GREEN BEANS,
AMBROSIA SALAD, WW BREAD
PINEAPPLE CAKE

APRIL 22

EGG ROLL IN A BOWL, STEAMED CABBAGE

CARROTS AND PEAS, FRUIT COCKTAIL,
WW BREAD, CHOCOLAT CHIP COOKIE BAR

APRIL 29

PORK CARNITATS WITH TORTILLAS

SALSA, CHEESE, SOUR CREAM
CORN, GREEN SALAD, WW BREAD
PUDDING

***ALL MEALS SERVED WITH MILK**

USDA is an equal opportunity provider and employer
FOR MORE INFORMATION CONTACT TIFFANY FORSMANN 208-962-7393
ALL MEALS SUBJECT TO CHANGE