

Prairie Mountain Nutrition and  
Craigmountain Senior Citizens of  
**WINCHESTER**

Meals served Wednesdays at 12:00 noon



**WINCHESTER**

<https://prairiemountainnutrition.org>

**JANUARY 8**

TURKEY DINNER  
MASHED POTATOES W/ GRAVY  
PEARS  
GARLIC CARROTS  
WW ROLL  
CHOCOLATE CHIP COOKIES

**JANUARY**

SPAGHETTI  
MANDARIN  
GREEN SALAD  
CORN  
GARLIC BREAD

**JANUARY 15**

PORK CHOPS  
SCALLOPED POTATOES  
TROPICAL FRUIT  
GREEN BEANS  
WW BREAD

**JANUARY 29**

BAKED CHICKEN THIGHS  
ROASTED POTATOES  
GINGER CARROTS  
APPLESAUCE  
WW BREAD

\*All meals served with milk.

USDA is an equal opportunity provider and employer

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For more information contact Tiffany Forsmann 208-962-7393

Meals are subject to change