Prairie Mountain Nutrition and

Craigmountain Senior Citizens of

#### WINCHESTER

Meals served Wednesdays at 12:00 noon



### **NOVEMBER 6**

ROAST BEEF DINNER MASHED POTATOES & GRAVY TOSSED SALAD GREEN BEANS PEACHES COFFEE CAKE WHOLE WHEAT ROLL

## **NOVEMBER 20**

BEEF STEAK AND NOODLES SWEET PEAS COLESLAW FRUIT COCKTAIL WHOLE WHEAT ROLL

# NOVEMBER 27 HAPPY THANKSGIVING!!

#### **NOVEMBER 13**

CHICKEN CASSEROLE RICE PILAF STEAMED BROCCOLI MANDARIN ORANGES WHOLE WHEAT ROLL TURKEY DINNER DRESSING, CRANBERRIES MASHED POTATOES & GRAVY GREEN BEAN BAKE SALAD BAR FRUIT COCKTAIL PUMPKIN PIE

\*All meals served with milk. USDA is an equal opportunity provider and employer

For more information contact Tiffany Forsmann 208-962-7393 Meals are subject to change