

Prairie Mountain Nutrition and
Pioneer Senior Citizens of
COTTONWOOD
Meals served Tuesdays at 12:00 noon



COTTONWOOD

<https://prairiemountainnutrition.org>

NOVEMBER 5

ROAST BEEF DINNER
MASHED POTATOES & GRAVY
TOSSED SALAD
GREEN BEANS
PEACHES
COFFEE CAKE
WHOLE WHEAT ROLL

TUNA CASSEROLE
SWEET PEAS
APPLE SLICES
COLESLAW
WHOLE WHEAT ROLL

NOVEMBER 12

ORANGE CHICKEN & RICE
STEAMED BROCCOLI
MANDARIN ORANGES
COLESLAW
WHOLE WHEAT BREAD

NOVEMBER 26

HAPPY THANKSGIVING!!

TURKEY DINNER
DRESSING, CRANBERRIES
MASHED POTATOES & GRAVY
GREEN BEAN BAKE
SALAD BAR
FRUIT COCKTAIL
PUMPKIN PIE

NOVEMBER 19

*All meals served with milk.

USDA is an equal opportunity provider and employer

For more information contact Tiffany Forsmann 208-962-7393

Meals are subject to change

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