

Prairie Mountain Nutrition and  
Craigmountain Senior Citizens of  
**WINCHESTER**

Meals served Wednesdays at 12:00 noon



**WINCHESTER**

<https://prairiemountainnutrition.org>

**SEPTEMBER 4**

MEATBALLS & GRAVY  
MASHED POTATOES  
FRUIT JELLO SALAD  
STEAMED BROCCOLI  
WW ROLL  
CAKE

**SEPTEMBER 18**

SWEDISH MEATBALLS  
BAKED POTATOE  
GREEN SALAD  
TOMATO WEDGE  
CARROTS  
WW BREAD

**SEPTEMBER 11**

HAM & MAC N CHEESE  
CHILLED PEACHES  
CORN  
COLD PEA SALAD  
WW ROLL

**SEPTEMBER 25**

PORK CHOPS & GRAVY  
ROASTED POTATO WEDGES  
APPLESAUCE  
CALIFORNIA BLEND VEGGIE  
WW ROLL

\*All meals served with milk.

USDA is an equal opportunity provider and employer

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For more information contact Tiffany Forsmann 208-962-7393

Meals are subject to change